Therapeutic Recreation Aide (TRA), Centralized Recreation Mental Health - 1 position	Posting #: 57429
Centralized Recreation Mental Health	Posting Date: November 25, 2026
Parkwood Institute Mental Health Care - London, ON	Submission Deadline: December 01, 2026
Regular Part Time	Wade Baillie, Human Resources
Non-Union	Salary Range: $29.76 - $35.00 /hour

Anticipated Schedule Start Date - February 1, 2027

Must be available to workday and weekend shifts.

It is understood that the hours of work reflect the current scheduling arrangements and are subject to change as determined by the Employer.

As an Unregulated Care Professional, the Therapeutic Recreation Aide (TRA) will work within the Inpatient Mental Health Program as part of an interdisciplinary team. Working under the supervision of the Therapeutic Recreation Specialist (TRS), the TRA will assist in the development, coordination, and delivery of goal-oriented therapeutic recreation programs and services that address the leisure and wellness needs of clients/patients. The TRA supports client/patient care by observing and documenting participation, responses, and progress within therapeutic recreation programs, enabling the TRS to conduct assessments, develop intervention plans and evaluate outcomes. This role requires excellent organizational and communication skills and the ability to work independently as well as collaboratively within an interdisciplinary team environment.

Essential Qualifications

- Diploma or Degree of Therapeutic Recreation or Recreation and Leisure Studies or another related field.
- Experience with the care needs of patients with complex mental and physical health conditions.
- Demonstrated understanding of and commitment to ethical conduct, professional boundaries, confidentiality, and accountability in a healthcare environment.
- Class F License or ability to obtain within the probationary period.
- Safe Food Handler Certification
- Member of Therapeutic Recreation Ontario (TRO) or ability to obtain within the probationary period.
- Knowledge of Safety Culture in a Health Care Setting in compliance with the OHSA.
- Previous experience working with volunteers.
- Excellent verbal and written communication skills.
- Demonstrated strong interpersonal and organizational skills.
- Knowledge of computer systems (Microsoft Office, Outlook).
- Demonstrated ability to work independently as well as in an interdisciplinary team setting.
- Knowledge of the Leisure Well Being Model.

Preferred Qualifications

- Proficiency in French would be an asset.
- BSc in Therapeutic Recreation or concentration in Therapeutic Recreation
- Experience in a health care setting.

Teaching and Research

- St. Joseph's Health Care London through its affiliation with Western University and Fanshawe College is a leading research and teaching hospital. As an employee of St. Joseph’s, you will be expected to engage in role related teaching and research activities in addition to any of your clinical duties

Immunization Requirements

- Provide vaccination records or proof of immunity against measles, mumps rubella, varicella (chicken pox), Hepatitis B, COVID-19 and influenza.
- Provide documentation of the Tuberculosis skin testing

Your interest in this opportunity is appreciated.
Human Resources and Leaders use your profile information to evaluate your application for the vacancies you apply to.
Only those under consideration will be contacted.