

Dietitian, Cardiac Rehabilitation and COPD - 1 position Posting #: 55991

Cardiac Rehabilitation and COPD Posting Date: December 16, 2025

St. Joseph's Hospital - London, ON Submission Deadline: December 22, 2025

Casual Part Time Michelle Robertson, Human Resources

OPSEU Paramed Salary Range: \$41.68 - \$53.28 /hour

The St. Joseph's Health Care London Cardiac and COPD Rehabilitation and Secondary Prevention Programs are six-month programs for people with known heart disease and/or COPD. Patients work with a multidisciplinary team (kinesiologists, nurse practitioners, physicians, nurses, social workers and dietitians) to create and follow an individualized program, as well as group programming at St. Josephs Health Care London. While our researchers focus on innovation and discovery, our interdisciplinary team of care providers and educators work to support our patients' goals and health care needs, providing a continuum of services to ensure optimal health and quality of life. Serving Southwestern Ontario, the cardiac and pulmonary Rehabilitation programs are teaching programs affiliated with Western University, the Lawson Research Institute and the Robarts Research Institute.

The Registered Dietitian works collaboratively with the inter-professional team to provide patient-centered evidenced based assessment, education and care plans for patients living with complex chronic disease. The dietitian will use skills in individual and group-based nutrition education to facilitate the provision of client-focused cardiac and pulmonary care.

## **Essential Qualifications**

- Valid registration with the College of Dietitians of Ontario
- Knowledge of a Safety Culture in a Health Care Setting in compliance with the OHSA
- Understanding of the nutrition care process and model
- Demonstrated expertise in developing and implementing nutritional care plans
- Demonstrated knowledge of current evidence-based practice related to heart disease and COPD
- Knowledge of community resources and the ability to assist patients and families to navigate the health care system.
- Knowledge of education theory (including adult learning principles) and demonstrated experience in the development of teaching materials and the teaching and education of patients (and family/caregivers)
- Previous experience dealing with health promotion and illness prevention
- Demonstrated effective communication, collaborative and interpersonal skills
- Demonstrated expertise in critical thinking and clinical problem-solving skills
- Self-directed, strong organizational skills and ability to prioritize workload
- · Demonstrated ability to effectively communicate with an interdisciplinary team, patients and/or residents

## Preferred Qualifications

- Proficiency in French would be an asset
- Eligible for membership with Dietitians of Canada
- Certified Diabetes Educator
- Craving Change Certified
- Experience in public speaking and preparation of educational material
- Demonstrated computer experience, particularly with Outlook, computerized patient information systems, Microsoft Office Products (specifically PowerPoint)

## Teaching and Research

